



## MANIKINS FOR RESCUE TRAINING: WHICH SHOULD I USE?



### PLASTIC MANIKINS

- They are easily broken - repairs require the purchase of new limbs
- They can cause pinch and bruise injuries and abrasions due to the rigid joints and limbs
- They have very rigid and unnatural movements that are not life-like
- They can be very expensive
- The distribution of their weight is not realistic
- They are not flexible
- They do not realistically simulate an unconscious person
- They don't withstand very rigorous training
- They are difficult to move in tight spaces
- Limited range - not as many models designed for specific rescue scenarios
- Their design makes them act like a facilitating 'lever' - Ruth Lee manikins are a true dead weight.

### Conclusions

They are not well-suited to rescue training, when a realistic weight, and durable manikin is needed.



### RUTH LEE MANIKINS

- They are constructed from extremely hard wearing materials making them durable and long-lasting
- Soft joints means you don't get pinched when limbs are articulated; they are free of rigidity
- They are flexible and have a wide variety of natural movements
- They are cost effective – much less expensive than plastic bodied manikins
- Anatomically correct weight distribution throughout the body makes them feel like a real person
- They are flexible, and can be moved into different positions (sitting, lay down, bent over etc.)
- They realistically simulate an unconscious casualty – providing a 'dead weight' for training
- They can be dropped from a window, or driven over by a vehicle without damage
- There is a wide range designed for specific rescue training scenarios.

### Conclusions

If you are looking for a rescue training dummy for a certain scenario, the Ruth Lee range, with their unique features, are the best the market can offer.

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